|  |  |  |  |
| --- | --- | --- | --- |
| Rivington Primary School – PE Curriculum | | | |
| C | A | R | E |
| Communication | Aspiration | Reflection | Enriching Experiences |
| * Reflection and evaluation of own and others performance and able to articulate key coaching points. * Progressive knowledge planning for every year group (EYFS – Y6) with Key Vocabulary. * Opportunities for collaboration and team work. * To be able to explain what has been learned and how it can be used. | * To understand how athletes and sports people train hard for their titles, jobs and achievements allowing children to aspire to become them. * Opportunities to learn and experience new sports. * Links to local sporting clubs. * Annual events and competitions to encourage competitive sport and a will to win. * Promote children to pursue their own interest and expertise in sport. * To create a lifelong love of sport to stay fit and healthy. | * Reflection and evaluation of own and partner performance. * To persevere in developing and improving skills over a period of time. * To know the importance of teamwork and have a mutual respect for fellow participants and team mates. * Opportunities to reflect on knowledge and skills learnt and apply in performances and games. * To know that staying healthy is about a healthy diet, exercise and looking after yourself both mentally and physically. * To persist in order to improve our fitness levels. | * To learn and participate in new sports and games. To find out the skills you need to compete in these sports. * Each child will have the opportunity to work with a range of visiting specialist sports coaches from local clubs. * Each child will have the opportunity to compete in sporting competitions. * Extra curricular provision with extended opportunities. * The curriculum is planned around a variety of sports many of which children may never have experienced before. |